

## THE FRUIT OF THE SPIRIT IS PEACE

*"My peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid."*

John 14:27 (NIV)

### ❖ What is Peace?

*I will listen to what God the Lord will say; He promises peace to his people, his saints.*

Psalm 85:8 (NIV)

#### 1. The Old Testament Hebrew speaks of "SHALOM".

*I will lie down and sleep in peace, for you alone, O Lord, make me dwell in safety.*

Psalm 4:8 (NIV)

#### 2. The New Testament Greek speaks of "EIRENE".

*Now may the Lord of peace himself give you peace at all times and in every way. The Lord be with all of you.*

2 Thessalonians 3:16 (NIV)

### ❖ Our Threefold Areas of Peace:

#### 1. There is Peace with GOD.

*Therefore, since we have been made right in God's sight by faith, we have peace with God because of what Jesus Christ our Lord has done for us.*

Romans 5:1 (NLT)

#### 2. There is Peace with OTHERS.

*Make every effort to live in peace with all men and to be holy; without holiness no one will see the Lord.*

Hebrews 12:14 (NIV)

#### 3. There is Peace WITHIN OURSELVES.

*"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."*

John 16:33 (NIV)

### ❖ How Do We Walk in Peace?

#### 1. We must choose TRUST over FEAR.

*You will keep in perfect peace him whose mind is steadfast, because he trusts in you.*  
Isaiah 26:3 (NIV)

2. We must choose PRAYER over WORRY.

*Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup> And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.*  
Philippians 4:6-7 (NIV)

3. We must choose REST over STRESS and DISTRESS.

*"Come to me, all you who are weary and burdened, and I will give you rest."*  
Matthew 11:28 (NIV)

*The Lord is my shepherd; I shall not want. <sup>2</sup> He makes me to lie down in green pastures; He leads me beside the still waters. <sup>3</sup> He restores my soul; He leads me in the paths of righteousness for His name's sake. <sup>4</sup> Yea, though I walk through the valley of the shadow of death, I will fear no evil; For You are with me; Your rod and Your staff, they comfort me. <sup>5</sup> You prepare a table before me in the presence of my enemies; You anoint my head with oil; my cup runs over. <sup>6</sup> Surely goodness and mercy shall follow me all the days of my life; and I will dwell in the house of the Lord forever.*

Psalm 23:1-6 (NKJV)

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