

CONNECTING HABITS WITH HAPPINESS

Do not conform any longer to the pattern of this world ...

Romans 12:2a

1. The right habits can create the right HAPPINESS.

Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; but his delight is in the law of the Lord, and on his law he meditates day and night. He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.

Psalm 1:1-3

2. Your connection with God relates to your connection WITH OTHERS. (vs. 1)

3. Your connection with God relates to your connection WITH the WORD. (vs. 2)

- Finding joy in the Word will bring JOY in your LIFE.

4. Your connection with God determines the FRUIT of your HAPPINESS. (vs. 3)

"Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing."

John 15:4-5

- The connection determines the BLESSING.

This Book of the Law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.

Joshua 1:8

- The blessing is meant to BLESS OTHERS. (...bears much fruit...)
"It is more blessed to give than to receive."

Acts 20:35

"The secret to happiness is in micro moments that turn into habits. Habits, continued over a lifetime, become a biography with a very happy ending."

Mark Moore (Core52: Build Your Bible IQ)